

# BASIC FIRST AID

## Supplement to Standard Training Module

### TRAINING REQUIREMENTS OVERVIEW

This standard Vivid training module provides an overview of basic first aid for designated first aid responders. It is important to note that facilities **should** have their own site detailed program. Although no particular training regimen is required by the OSHA standard, employees **must** receive information and training on the facility's first aid program. In addition, facilities **must** train their first aid responders on the site specific plans.

In addition to this general overview, employees **must** receive facility-specific information. This additional training **should** cover:

- Location of emergency information (i.e. emergency phone lists, MSDS's, etc.)
- Location of emergency equipment (i.e. first aid and bloodborne pathogens kits, emergency eye wash stations and/or showers, etc.)
- Details of the situations likely to be encountered at the facility
- Company policy on first aid
- Procedures for summoning internal and/or external medical personnel and anticipated response times

Designated first aid responders are also required to receive Bloodborne Pathogens training. In some circumstances CPR training may also be required (i.e. the presence of chemicals, shock hazards, confined space entry, etc).

Frequency: Training **should** be provided at the time of employment and when the first aid plan is changed.

## GENERAL OVERVIEW OF THE STANDARD

### MEDICAL SERVICES AND FIRST AID – 29 CFR 1910.151

PURPOSE: To ensure the ready availability of medical personnel for advice and consultation on matters of plant health.

1. SCOPE: Applies to general industry.
2. REQUIREMENTS: In the absence of an infirmary, clinic or hospital in near proximity to the workplace, a person(s) shall be adequately trained to render first aid.
  - Adequate first aid supplies shall be available.
  - Where employees may be exposed to chemicals, suitable facilities shall be provided for quick drenching or flushing of the eyes and body. These facilities shall be located within the work area for immediate emergency use.

## REFERENCE MATERIALS

### Websites

OSHA website:

[www.osha-slc.gov/SLTC/medicalfirstaid/index.html](http://www.osha-slc.gov/SLTC/medicalfirstaid/index.html)

*This OSHA website includes several links: including OSHA guidelines on first-aid training [www.cdc.gov/niosh/nasd/docs2/oa05800](http://www.cdc.gov/niosh/nasd/docs2/oa05800) and Guidelines for first-aid training (OSHA Directive CPL2-2.53)*

Mayo Clinic:

[www.mayohealth.org](http://www.mayohealth.org)

Red Cross:

[www.crossnet.org/hss/facpr](http://www.crossnet.org/hss/facpr)